



Eight Annual ICE PICS



(Idaho Cycling Enthusiasts Pocatello Invitational Criterium Series)
Sponsored by Idaho State University Campus Recreation

What: Training criterium.
Where: Idaho State University, Holt Arena Parking Lot.
When: **6 Tuesdays: May 18, May 25, June 15, June 29, July 6, July 20, 2004**
Who: **Racers on road bikes: Novice (Class “C”), Intermediate (Class “B”), & Expert (Class “A”)
Why: 1) To make us fast and 2) because it’s fun!
Prizes: Bragging rights, the thrill of victory, etc....
Points 5-deep for 3-Primes (5,4,3,2,1) & Final Lap (10, 8, 6, 4, 2). 1 pt for each race attended for “B & C” division. Overall winner is determined by the TOTAL points accumulated throughout the race, not just the last lap. Weekly Prizes awarded to points winner in each class. Series prizes awarded to top three in each class.

Race times:	Classification	Time
5:30 PM	Course open for warm-up and practice	
6:30 PM	B and C*	40 minutes + 2 Laps
7:15 PM	Kids Race	1-2 Laps
7:20 PM	A	45 minutes + 2 Laps

*Classes B and C will ride together but will be scored separately.

Fees: \$15 per race or \$40 for the series for non-ICE club members.
\$10 per race or \$25 for the series for ICE club members.

Registration: Parking lot on north side of Holt Arena. Opens at 5:30 p.m. and closes 5 minutes before each scheduled race. All participants must sign an acknowledgment of risk form. **Minors** must have an ISU Campus Recreation release form and acknowledgment of risk form signed by your parents. So, either bring them along or obtain the forms prior to race time.

Refreshments: Water and a sports drink will be provided at the registration area before, during and after each event.

RACE RULES:

- * All forms must be read and signed before you ride the course.
- * Race number to be worn at all times while you are on the course!
- * Helmets, ANSI or SNELL approved, must be worn at all times, warm-up & race.
- * Course will open prior to each race for 10 minutes.
- * Sprint laps will be announced with a bell.
- * Points will be accumulated five deep for both primes and finishes.

** For more information contact Terry T. Huntley at 282-5426 or hunter@isu.edu or visit www.idahocycling.com