



Introducing the
2005



Idaho Cycling Enthusiasts TIME TRIAL SERIES

Thursday Evenings

Registration starts at 5:45 p.m., first rider off at 6:30 p.m.

Schedule

- #1 April 7th Arbon Valley I-86 exit, 6 miles
- #2 April 21st Arbon Valley I-86 exit, 10 miles
- #3 May 5th Arbon Valley I-86 exit, 14 miles
- #4 May 19th Scout Mountain Hillclimb, 6 miles
- #5 June 2nd, Arbon Valley I-86 exit, 20 miles
- #6 August 4th, Scout Mountain Hillclimb, 6 miles

Arbon Valley time trials begin near the intersection of Arbon Valley Rd. and the I-86 frontage road near Bannock Peak Truck Stop. Course varies, but all are out and back. Scout Mountain climbs begin on East Fork Rd. near Mink Cr. Rd. intersection and are point-to-point from there to the top.

Classes

Women, Masters 45+, Open B, Open A

Entry Fee

No entry fee, but all riders must be Idaho Cycling Enthusiasts (ICE) members or a guest.

General Info/Rules

- Held under League of American Bicyclists club insurance, which requires all participants to be ICE members or a guest.
- Riders may be considered a "guest" only once; if you show up to ride a second time, you must pay your club dues (\$20).
 - ICE memberships will be available at registration.
 - Certified bicycle helmet must be worn at all times while on your bike.
 - No warming-up on course while the race is in progress.
 - Riders will start at 30-second intervals.
- These are open-road events. Riders are responsible for watching out for traffic and for obeying the honor system at turn-arounds.
- Points will be awarded 15-12-10-9-8-7-6-5-4-3-2-1 for 1st through 12th in each class at each event. Series prizes will be awarded at the annual awards party, held after the last race in the Holt Arena Criterium series, August 16 at Holt Arena.
 - Waiver must be signed prior to participation – Minors must have parent signature on waiver.
 - Free food and drink at the awards ceremony on August 16th

Sponsored by Idaho Cycling Enthusiasts. For more information go to www.idahocycling.com or contact Rob Van Kirk at vankrobe@isu.edu, 282-2503.

