



ICE-Idaho Falls Club Time Trials

Dates: Tuesday Evenings. May 8, May 22, June 12 (Flat TTs) and June 26, July 10, July 24 (Hill Climbs).

Registration starts at 5:45 p.m.

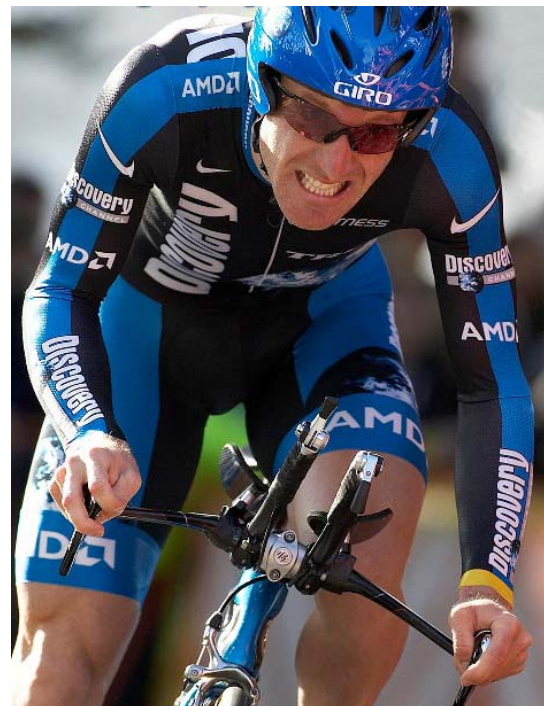
First rider off at 6:30 p.m.

Helmets: REQUIRED at all times when on your bike.

Courses: Flat TTs are 10 miles. Start on West River Road 2 miles North of town.

Hill climbs are 6 miles. Start on Sunnyside Road East of Ammon.

ICE Club Event: OPEN and FREE to club members and their guests.



2006 Record Times:

Flat Time Trial - 23:00, 26.09 mph avg speed, Gary Azevedo

Hill Climb Time Trial – 24:32, 14.67 mph avg speed, Tom Borschel

Course is open to traffic.

Volunteers to help with timing and safety welcome.

More info: Ron—523-1226, Mike—pacem@ida.net
& www.idahocycling.com