

POGATELLO





#### **FLAT TIME TRIALS**

Start at Rainbow Road, 6.2m(10k). Scoring is best 3 of 4 times.

1. Wednesday, May 16 at 6:30 pm

7:00 pm:
2. Wednesday, June 6
3. Tuesday, July 3
4. Tuesday, August 21

# **HILL CLIMBS**

Park at Cherry Springs. Start at bottom of Scout Mtn Rd for Scout Mountain climb (5.1mi). Start is at Cherry Springs for Crystal Summit Climb (5 mi). All climbs are mass start. Scoring is best Scout time plus best Crystal time.

1. Wednesday, May 23-Crystal at 6:30 pm

#### 7:00 pm:

- 2. Wednesday, June 19-Scout
- 3. Wednesday, July 11-Crystal
- 4. Tuesday, August 14-Scout

### **AWARDS AND CATEGORIES**

End of season awards for overall winners of these categories: A's, B's, Triathletes, Women, Masters 50+ and Beginners/Juniors. If you choose the wrong category, we will move you. Draw prizes will also be given out at most races.

# **NEW SCORING FORMAT:**

Scoring is cumulative time: best 3 flat time trials plus best Scout hill climb plus best Crystal hill climb.

# Entry fee: FREE!!! (for ICE/TRI CLUB members)

Guests can race free once, then need to join.